

Notes from the Woods

A gentle, beautiful CD of mixed instrumental styles for relaxing and quiet inspiration. Sharon was inspired to convey the quiet calm that nature provides us through it's many moods and layers of depth that we feel in its midst.

After many days of walks and spending time at various parks and gardens over the years in travels throughout North America, Europe, Asia, South America and especially The Morton Arboretum in Lisle, IL. , this album is an uplifting musical tribute to these very special places that we need to continue to take care of and cherish.

1. Life Within Trees 4:21
2. Beauty of the Ginkgo 4:38
3. Morning's Dance 5:10
4. Spring at CrabApple Lake 5:06
5. Willows by the Stream 4:57
6. Native Prairies 4:58
7. Song of Meadow Lake 4:17
8. Fall Colours 5:25
9. Woodland Heartbeat 4:46
10. Walking on Joy Path 5:19
11. Sunset at the Lake 5:24
12. Nature's Lullaby 5:30

Total Playing Time: 60 minutes

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